

SOURCEBOOK

If you're inspired by Laura and Stephen's bedroom, here's how to recreate their style



INTERIOR DESIGN

SALLIE CHATER

Founder and director of her own interior design company, Interiors at 58, Sallie believes in creating luxurious, elegant and original schemes at affordable prices

WARMING UP BLUE

From turquoise to navy and everything in between – these restful and soothing colours are perfect for a bedroom, but they can make a space feel cool. Sallie Chater explains how to warm them up by mixing them with other shades

Blue is a natural tone, so enhance this by introducing pieces made from wood, wicker, jute or sheepskin. Organic materials have an innate warmth and will immediately break up the blue and add texture and balance. If possible, strip back your carpet to reveal a wooden floor that will be the perfect partner for any cool tone, then add a plush rug for a cosy feel. Or place a wooden bed against a navy painted wall for a dramatic focal point, layering it up with velvet throws and multi-textured cushions. Finish up by including some botanical details – they always lift a cooler scheme.

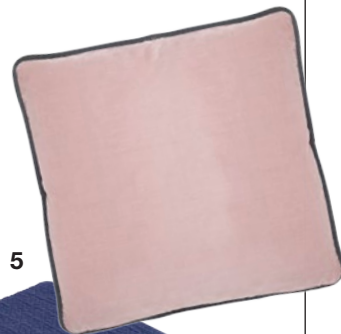
Blue also works beautifully when combined with subtle pinks and muted yellows, as even in small doses these shades will soften the colour's starker tones and create a more welcoming feel. Consider introducing some warm rose gold details for a pink that really pops, or incorporate mustard yellow accents to give your bedroom a sunny feeling that ensures it's the perfect place to both relax and reinvigorate.

For a more refined look, gold tones look fantastic with darker shades. The blue provides the perfect contrast to the metallic finish and the warmth of the gold softens it. One simple way to incorporate this idea is to place a pair of gold lamps beside the bed, which will create a wonderful gleam.

Finally if you can do it, nothing heats up a space better than a crackling woodburner or indulgent open fire – just be sure to have your chimney swept first! 🔥



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- 1 Darren mango wood **mirror** (62 x 120cm), £197, Maisons du Monde 2 Bloomingville stoneware hanging **plant pot**, £25, Hurn & Hurn 3 Cohen bedside **table lamp**, £29, Made 4 **Untitled 225 painting**, from £200, Abstract House 5 Pipelet **cushion** in Chalky Pink, £65, Loaf 6 Amalfi **throw** in Midnight, £160, Christy
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